



WOOD COUNTY BOARD OF DEVELOPMENTAL DISABILITIES

To: Individuals, Age 14+, who would like to participate in Wood County Board of DD, Recreation Activities

From: Recreation Department Staff:

Jennifer Krouse	LeAnn Frankfather	Claire Griffith	Josie Mazza	Angie Prowant	Ken Windisch
Recreation/ Wellness Manager	Recreation Specialist	Recreation Specialist	Recreation/ Wellness Specialist	Recreation Specialist	Recreation Specialist
(419) 575-4505	(419) 575-6061	(419) 575-4875	(419) 575-4275	(419) 575-5463	(419) 575-6565
(419) 352-5115 ext. 7907	(419) 352-5115 Ext. 4300	(419) 352-5115 Ext. 1281	(419) 352-5115 Ext. 7911	(419) 352-5115 Ext. 1210	(419) 352-5115 Ext. 9241

Re: Recreation Activities for April 2024 Registration

This month's activities run Monday, April 1st to Tuesday, April 30th

Please read through the registration letter carefully to see which activities you would like to participate in.

- Be sure to check the days and times the events are being held.
- One-to-one or special assistance/supervision will not be provided.
- **To select your activity choices, simply check the box, "Yes, I'm interested," on the line of each event.**
- **Checks must be made out to Wood County Board of DD or to the specific vendor indicated in the description.**
- **Please do not send in payment until date specified on confirmation letter!**
- When submitting payment to the Wood County Board of DD for your activity, please send the exact amount as we are unable to make change.
- A confirmation email will be sent out by the end of March. Please read the confirmation email carefully. Some of details about activities may have changed. You may not be enrolled in all the activities you requested.
- If you do not have an email, wish to get an email setup, or need assistance with technology, please let your Service Coordinator know.
- ****If transportation is a barrier to your participation, please let your Service Coordinator know.****

****Note activities may be canceled due to weather and other circumstances, and it is possible that ticket money may be nonrefundable.**

Questions/registrations email us at recreation@woodcountydd.org

Register Online at: www.woodcountydd.org

under **Our Services > Recreation & Wellness > Registration Ages 14+**

**Registration Deadline:
Thursday, March 21st, 2024**

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Hidden Lakes Garden 9:00am-4:30pm Yoga 3:00-4:00pm	2 Karaoke- WLI 10:00-11:00am Walking Club at Slippery Elm Trail 11:00am-12:00pm DrumFit 1:00-2:00pm Greenhouse Group 2:00-3:00pm Music therapy 3:00-4:00pm Adopt a Garden Info Class 5:30-7:30pm	3 Morning Drum Fit 10:00-11:00am Card games 2:00-3:00pm Magnet Fishing 2:00-4:30pm Bingo 4:30-5:30pm Mario Kart 6:00-7:00pm	4 Pickleball 10:30-11:30am Greenhouse Group 2:00-3:00pm Board games 3:00-4:00pm Spin (indoor cycling) 3:00-4:00pm Exercise in the Pool 4:30-5:30pm	5	6 Venturing Crew Rock the Block 8:30am-2:00pm Cooking Class 5:00-6:15pm National Bull Riding Championships 6:00-10:00pm
7 Starry Night Luminaries 12:30-1:30pm Sunday Fun Day 2:00-4:00pm Make Your Own Moon Pie 2:30-4:00pm PBS Nova American Eclipse Documentary 5:00-7:00pm	8	9 Gym Games w/ WLI 10:00-11:00am Walking Club at Slippery Elm Trail 11:00am-12:00pm Magnet Fishing 11:00am-1:30pm DrumFit 1:00-2:00pm Greenhouse Group 2:00-3:00pm Music therapy 3:00-4:00pm Spring Wildflower Walk 6:30-7:45pm	10 Morning Drum Fit 10:00-11:00am	11 Pickleball 10:30-11:30am Greenhouse Group 2:00-3:00pm Board games 3:00-4:00pm Spin (indoor cycling) 3:00-4:00pm Exercise in the Pool 4:30-5:30pm	12 Bradner Preserve Walk & Picnic 11:00am-1:00pm WWE Smackdown Overnight 1:00pm Leave Craft Hour 3:00-4:00pm Dusty Boots 6:00-7:30pm	13 WWE Smackdown Overnight 11:00am Return

14	15	16	17	18	19	20
Heathers the Musical 1:30-5:00pm	Tour Capital Square 8:30am-4:30pm	DYNO Rock Climbing 8:45am-1:15pm	Morning Drum Fit 10:00-11:00am	Tree Climbing Oak Openings 9:45am-12:45pm	Toledo Botanical Gardens Walk and Picnic 11:30am-2:00pm	Saturday Morning Pool Workout 10:00-11:00am
	Movie: Godzilla x Kong 12:00-4:30pm	Gym Games w/ WLI 10:00-11:00am	Card games 2:00-3:00pm	Pickleball 10:30-11:30am	Greenhouse Group 3:00-4:00pm	Notecard Workout 12:00-12:45pm
	Yoga 3:00-4:00pm	Walking Club at Slippery Elm Trail 11:00am-12:00pm	Greenhouse Group 3:30-4:30pm	Greenhouse Group 2:00-3:00pm		Venturing Meeting and Egg Drop Team Building 2:00-3:15pm
		DrumFit 1:00-2:00pm	Fishing 4:00-5:00pm	Board games 3:00-4:00pm		
		Greenhouse Group 2:00-3:00pm	Coping-My Best Life! 4:00-5:00pm	Spin (indoor cycling) 3:00-4:00pm		
		Music therapy 3:00-4:00pm	Mario Kart 6:00-7:00pm	Exercise in the Pool 4:30-5:30pm		
		Spring Wildflower Walk 6:30-7:45pm		Venturing Disability Awareness Committee 6:30-9:00pm		
				Monthly Mindfulness 6:30-9:00pm		

21 Clean Eating Snack Education 11:00-11:45am Healthy Finger Foods 12:30-1:30pm Mindful Journaling 2:00-2:45pm	22 Walk @ 577 10:00am-12:00pm Magnet Fishing 1:00-4:00pm Yoga 3:00-4:00pm	23 Gym Games w/ WLI 10:00-11:00am Walking Club at Slippery Elm Trail 11:00am-12:00pm DrumFit 1:00-2:00pm Greenhouse Group 2:00-3:00pm Music therapy 3:00-4:00pm Cooking Class: Turkey & Sweet Potato 4:00-5:00pm Spring Wildflower Walk 6:30-7:45pm	24 Morning Walk @ Wintergarden 9:00-10:30am Morning Drum Fit 10:00-11:00am Card games 2:00-3:00pm Coping-Tiny Gallary of Gratitude 4:00-5:00pm Fishing 4:00-5:00pm	25 Pickleball 10:30-11:30am Greenhouse Group 2:00-3:00pm Board games 3:00-4:00pm Spin (indoor cycling) 3:00-4:00pm Exercise in the Pool 4:30-5:30pm	26 OT Tech Fair 9:00am-2:00pm Pre-Dance Hair & Make-up 3:30-4:30 Spring Dance 5:30-7:30pm	27 BGSU Softball game 12:30-3:30pm Learn How to Plan an Outing 1:00-2:00pm Jurassic quest 4:30-7:30pm Cooking Class 5:00-6:15pm
28 Funigans 1:00-7:30pm	29 Yoga 3:00-4:00pm Nurtrition Jeapordy 5:00-5:45pm	30 Gym Games w/ WLI 10:00-11:00am Walking Club at Slippery Elm Trail 11:00am-12:00pm DrumFit 1:00-2:00pm Greenhouse Group 2:00-3:00pm Spring Wildflower Walk 6:30-7:45pm				

Recreation Activities - APRIL 2024 Confirmations

Yoga

What: An ancient system of practices used to balance the mind and body through exercise, meditation (focusing thoughts), and control of breathing and emotions.

When: Mondays in April from 3:00-4:00pm Note**We will not hold Yoga on Monday April 8th!**

Where: Meet and pick up at the Bowling Green Community Center, Dolores Black Gymnasium, 1245 W Newton Rd, Bowling Green.

Bring: A water bottle! Yoga mats provided!

Staff: Angie

Hidden Lake Gardens

What: Soar high in the Reach for the Sky Canopy Tree Walk, hike the trails, admire the Bonsai collection, immerse yourself in the conservatory, and marvel over the dwarf and rare conifer collection at Hidden Lake Gardens. Hidden Lake Gardens is owned and operated by Michigan State University under the division of Infrastructure Planning and Facilities, but supported through admission fees, endowments, gifts and the "Friends of Hidden Lake Gardens" membership program.

When: Monday April 1st from 9:00-4:30 pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: \$12.00 for admission, a bottle of water and a picnic style lunch. Make sure to dress for the weather.

Staff: LeAnn

Drum Fit

What: DrumFIT is a fun, easy to learn workout for all fitness levels and abilities. We will use Drumsticks, a yoga ball, high energy music and a specially choreographed routine to mix high and low intensity exercises to build muscle and burn calories.

When: Tuesdays in April from 1:00-2:00pm

Where: Meet and pick up at the Bowling Green Community Center, Dolores Black Gymnasium, 1245 W Newton Rd, Bowling Green.

Bring: Wear comfy shoes and bring a water bottle!

Staff: Angie

Karaoke

What: Come and sing Karaoke with your friends.

When: Tuesday April 2nd from 10:00-11:00am

Where: Meet and pick up at the Bowling Green Community Center, Dolores Black Gymnasium, 1245 W Newton Rd, Bowling Green.

Staff: Ken

Walking Club at Slippery Elm Trail

What: As spring approaches, it is time to get back outside! Join us as we walk the beautiful Slippery Elm Trail! Fun, fitness, and fellowship!

When: Tuesdays in April from 11:00-12:00pm

Where: Black Swamp Preserve: 1014 S. Maple St, Bowling Green, Ohio

Bring: Comfortable walking shoes and a water bottle! Dress appropriately for the weather!

Staff: Angie

Greenhouse Group

What: Enjoy the relaxing atmosphere and rewarding work at the greenhouse. You will be assisting in weeding, watering and maintaining the gardens located at the WCBDD Greenhouse.

When: Tuesdays in April from 2:00-3:00 pm

Where: Meet and pick up at the Green House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Past Entrance B

Bring: Wear weather appropriate clothing that you can get dirty. You will be weeding for at least 20 minutes. Bring a bottle of water.

Staff: LeAnn

Music Therapy

What: Join us as a music therapist, from Heartstring Melodies for an 8-week music exploration opportunity. Participants will get to know each other through musical methods such as singing, instrument playing, movement and songwriting.

When: Tuesday in March and April from March 5th until April 23rd at 3:00-4:00

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Ken

Exercise in the Pool

What: Come have fun working out in the water! You can work out in the shallow end or in the deep. This class is open to anyone. Everyone is welcome. We will teach all abilities and provide modifications.,Come have fun working out in the water! You can work out in the shallow end or in the deep. This class is open to anyone. Everyone is welcome. We will teach all abilities and provide modifications.

When: Tuesdays in April from 4:30-5:30 pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: A swimsuit, towel, and bag for wet clothes.

Staff: Josie and Claire

WCP: Adopt a Garden Info Meeting

What: Do you have a green thumb? Are you curious to work with and help promote native plants? Learn about the native gardens within your Wood County Parks in need of adoption and what you can do to help!

When: Tuesday, April 2nd from 5:30pm-7:30pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Angie

Morning Drum Fit

What: DrumFIT is a fun, easy to learn workout for all fitness levels and abilities. We will use Drumsticks, a yoga ball, high energy music and a specially choreographed routine to mix high and low intensity exercises to build muscle and burn calories.

When: Wednesdays in April from 10:00 - 11:00am

Where: Meet and pick up at the Bowling Green Community Center, Dolores Black Gymnasium, 1245 W Newton Rd, Bowling Green.

Bring: Wear comfy shoes and bring a water bottle!

Staff: Angie

Card Games

What: Do you like card games? If so sign up to play cards with your friends. Skip-bo, Uno, Phase Ten.

When: Wednesdays in April from 2:00-3:00pm (No card games April 10th)

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Ken

Magnet Fishing

What: Become a magneteteer in this fun hobby of Magnet Fishing. Magnet fishing can recover metal debris such as discarded bicycles, safes, coins, and car tire rims from bodies of water, but many who engage in the hobby are hoping to find rare and valuable items as well. We will be using a powerful magnet to drag the water in search of treasure.

When: Wednesday April 3rd from 2:00-4:30 pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Weather appropriate clothing and a bottle of water

Staff: LeAnn

Bingo

What: B12, I27, O65. Come and play bingo with us, and maybe you will be the one yelling Bingo.

When: Wednesday April 3rd from 4:30-5:30pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Ken

Mario Kart

What: Dodge bananas and throw turtle shells at your friends as we race to see who the best Mario Kart player is!

When: Wednesday April 3rd and 17th from 6:00-7:00pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Ken

Pickleball

What: Pickleball: a game resembling tennis in which players use paddles to hit a plastic ball over a net! This will be an introduction to pickleball lead by our friends at the Bowling Green Community Center!

When: Thursdays in April from 10:30am-11:30 am

Where: Meet and pick up at the Bowling Green Community Center, Dolores Black Gymnasium, 1245 W Newton Rd, Bowling Green.

Bring: Wear comfy clothes and shoes! Bring a water bottle!

Staff: Angie

Greenhouse Group

What: Enjoy the relaxing atmosphere and rewarding work at the greenhouse. You will be assisting in weeding, watering, and maintaining the gardens located at the WCBDD Greenhouse.

When: Thursdays in April from 2:00-3:00 pm

Where: Meet and pick up at the Green House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Past Entrance B

Bring: Wear weather appropriate clothing that you can get dirty. You will be weeding for at least 20 minutes. Bring a bottle of water.

Staff: LeAnn

Spin (Indoor Cycling)

What: Do you love cycling and wish you had a warm, safe place to do it during the winter months? Well then, this class is for you! Come out to the BGCC and cycle on spin class bikes! This opportunity offers the safety of a stationary bike, and the warmth of the spin classroom!

When: Thursdays in April from 3:00-4:00pm

Where: Meet and pick up at the Bowling Green Community Center, Dolores Black Gymnasium, 1245 W Newton Rd, Bowling Green.

Bring: A water bottle and comfortable workout clothing. Please wear comfortable and clean tennis shoes so we don't leave any messes on the bikes or the floor!

Staff: Angie

Board Games

What: Come to the Board and play some of the board games you played as a child. We can play Sorry, Chutes and Ladders, Yahtzee, and many more.

When: Thursdays in April from 3:00-4:00pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Ken

Exercise in the Pool

What: Come have fun working out in the water! You can work out in the shallow end or in the deep. This class is open to anyone. Everyone is welcome. We will teach all abilities and provide modifications.,Come have fun working out in the water! You can work out in the shallow end or in the deep. This class is open to anyone. Everyone is welcome. We will teach all abilities and provide modifications.

When: Thursdays In April from 4:30-5:30pm.

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: A swimsuit, towel, and bag for wet clothes.

This is a very popular activity. It will be offered monthly, and groups will be rotated to ensure everyone who is interested in participating can get a chance to participate.

Staff: Josie and Claire

Cooking Class

What: Come to the Wood County Board of DD and learn how to cook an easy meal that you could do at home! This week we will be preparing loaded baked potatoes and a dessert in a mug!

When: Saturday, April 6th from 5:00pm-6:15pm

Where: Meet and pick up at the Wood County Board of DD, Entrance A, Wood Lane School, 1921 E. GypsyLane Rd., Bowling Green

Bring: a coffee mug to prepare your dessert in!

Staff: Angie

National Bull Riding Championships

What: Come join us at the Huntington Center for the National Bull Riding Championship. We will see bull riding and barrel racing.

When: Saturday April 6th from 6:00-10:00pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: \$38.00 for purchase of the ticket in exact change or a check made out to WCBDD, and your cowboy hat and boots. Bring extra money for any additional purchases.

Staff: Ken

Venturing Crew: Rock The Block Event

What: BG Save Our Neighborhoods Group (BGSONG) needs your help Venturing Crew! Rock The Block is a one-day neighborhood revitalization effort where volunteers help complete beautification and exterior home maintenance projects, at no cost to participating homeowners. Rock The Block encourages all neighbors, homeowners, and community partners to work outside together, have fun, and make a difference.

When: Saturday April 6th from 8:30-2:00 pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Wear weather appropriate clothing, bring a bottle of water

This event is for registered Venturing Crew members only.

Staff: LeAnn & Angie

Starry Night Luminaries

What: In anticipation of the 20204 Solar Eclipse, create your very own Starry Night Luminary, inspired by Vincent Van Gogh. You'll see the universe in a single jar.

When: Sunday April 7th from 12:30-1:30 pm

Where: Meet and pick up at the Wood County Board of DD, Entrance A, Wood Lane School, 1921 E. GypsyLane Rd., Bowling Green

Bring: Wear clothing that you don't mind getting dirty. We will be working with glue and glitter.

Staff: LeAnn

Sunday Funday!

What: It's time to have some fun! Come hang out with your friends! We will have a movie going on the big screen, you will have access to basketballs to play basketball, we will have a craft table and a puzzle table, and there will be snacks for sale!

When: Sunday, April 7th from 2:00pm-4:00pm

Where: Meet and pick up at the Bowling Green Community Center, Dolores Black Gymnasium, 1245 W Newton Rd, Bowling Green.

Bring: At least \$3.00 if you want to purchase snacks. Wear comfortable clothes and shoes if you plan to play any active games!

Staff: Angie

Make your own Moon Pie

What: In anticipation of the 20204 Solar Eclipse, try your hand at making Moon Pie! A Moon Pie is an American snack, popular across much of the United States, which consists of two round graham cookies, with marshmallow filling in the center, dipped in a flavored coating. The snack is often associated with the cuisine of the American South.

When: Sunday April 7th from 2:30-4:00

Where: Meet and pick up at the Wood County Board of DD, Entrance A, Wood Lane School, 1921 E. GypsyLane Rd., Bowling Green

Items used may contain or have been exposed to tree nuts, peanuts, soy and wheat.

Staff: LeAnn

PBS Nova American Eclipse Documentary

What: The 2024 Solar Eclipse taking place on April 8th. NOVA investigates the storied history of solar eclipse science and joins both seasoned and citizen-scientists alike as they don their eclipse glasses, tune their telescopes, and revel in the eclipse that spanned the continent.

When: Sunday April 7th from 5:00-7:00 pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Bring a beverage and a snack if you would like one.

Staff: LeAnn

Gym Games

What: Enjoy a variety of different gym games such as corn hole, basketball, giant tic-tac-toe and many more games at the Bowling Green Community Center.

When: Tuesdays in April from 10:00-11:00am starting April 9th

Where: Meet and pick up at the Bowling Green Community Center, Dolores Black Gymnasium, 1245 W Newton Rd, Bowling Green.

Bring: A water bottle comfortable shoes and clothing.

Staff: Ken

Magnet Fishing

What: Become a magneteteer in this fun hobby of Magnet Fishing. Magnet fishing can recover metal debris such as discarded bicycles, safes, coins, and car tire rims from bodies of water, but many who engage in the hobby are hoping to find rare and valuable items as well. We will be using a powerful magnet to drag the water in search of treasure.

When: Tuesday April 9th from 11:00-1:30 pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Weather appropriate clothing and a bottle of water

Staff: LeAnn

Spring Wildflower Walk

What: Woodland wildflowers put on a brief, but beautiful show on the forest floor. Join us for a naturalist-led stroll to see who is starting each week and learn why these flowers are called ephemerals.

When: Tuesday, April 9th from 6:00pm-8:15pm

Where: Meet and pick up at the Wood County Board of DD, Entrance A, Wood Lane School, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Comfortable walking shoes and a bottle of water! Dress appropriately for the weather!

Staff: Angie

WWE Smackdown Overnight

What: On Friday, participants will enjoy dinner at Spoon's Place. Then we will head to Little Caesars Arena to see the superstars of World Wrestling Entertainment show off their athleticism and dramatic skills. Afterwards we will enjoy a hotel stay at the Comfort Suites in Canton. Saturday morning participants will enjoy a continental breakfast at the hotel.

When: Friday, April 12th at 1:00 through Saturday, April 13th at 12:00

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Hotel Stay is \$70.00 cost, at least \$25.00 for dinner and additional money for snacks or other purchases.

Since this is a special overnight trip, the event ticket cost of \$46.00 will need to be paid by April 3rd to confirm your spot and to receive a receipt. Please submit payment to Ken Windisch at the WCBDD Community Supports building (building C). If payment is not received your spot will be offered to another participant. Final Cost of the hotel will be \$70.00 will need to be paid upon arrival of the event. You must pay in exact change or a check payable to WCBDD.

Staff: Ken & Claire

Bradner Preserve Walk & Picnic

What: Spring is here!! Join us for a walk in one of our counties hidden gems, Bradner Preserve! We will take a walk through the preserve and enjoy a packed lunch in the pavilion!

When: Friday, April 12th from 11:00am-1:00PM

Where: Meet and pick up at the Wood County Board of DD, Entrance A, Wood Lane School, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Wear comfortable clothing and comfortable walking shoes. Dress appropriately for the weather. Bring water and a packed lunch!

Staff: Angie

Craft Hour

What: Love crafting? Come hang out with your friends, listen to some happy music, and do a craft!

When: Friday, April 12th from 3:00pm-4:00pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Angie

Dusty Boots

What: Horseback riding at Dusty boots has returned! Sign up for your opportunity to ride Buttercup or Diesel the horse.

When: Friday, April 12th, from 6:00pm-7:30pm

Where: Meet and pick up at Dusty Boots Equestrian Club, 15828 Otsego Pike, Weston, Ohio, 43569

Bring: Wear comfortable riding clothes and shoes.

****There is a weight limit of 260lbs. to be able to ride** Liability forms are required to be filled out in advance. This activity is covered by the WCBDD. Please let us know if you are not able to attend so that we can offer someone else your spot. *This program is very popular. It is offered monthly throughout most of the year to rotate those that are interested. For questions, please contact the Recreation department.**

Staff: Angie

Heathers The Musical

What: Head to BGSU Wolf Center to see Heathers the Musical. Based on the classic 1989 film. Westerberg High is ruled by a shoulder-padded, scrunchie-wearing junta: Heather, Heather and Heather, the hottest and cruelest girls in all of Ohio. But misfit Veronica Sawyer rejects their evil regime for a new boyfriend, the dark and sexy stranger J.D., who plans to put the Heathers in their place - six feet under.

When: Sunday April 14th from 1:30-5:00pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: \$20.00 to purchase your ticket at the theater.

Staff: Ken

Godzilla x Kong Movie

What: This latest entry follows up the explosive showdown of Godzilla vs. Kong with an all-new cinematic adventure, pitting the mighty Kong and the fearsome Godzilla against a colossal undiscovered threat hidden within our world, challenging their very existence - and our own. The epic new film will delve further into the histories of these Titans, their origins and the mysteries of Skull Island and beyond, while uncovering the mythic battle that helped forge these extraordinary beings and tied them to humankind forever.

When: Monday April 15th from 12:00-4:30pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: \$11.50 and additional money for snacks

Times are subject to change when movie show time is released. Rec staff will contact participants once exact times are determined.

Staff: Ken

Tour of Capitol Square/Ohio State House

What: Take a self guided tour of Capitol Square in Columbus. This tour includes The Ohio State House, Senate Building and the Atrium. The buildings are not only working government offices but a magnificent monument to the people and the period during which Ohio's democracy was founded and formed.

When: Monday April 15th from 8:30-4:30 pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Bring \$25.00 for lunch and comfy shoes for walking.

Some areas of Capitol Square are only accessible by stairs. If you are unable to climb and descend stairs, this may not be the activity for you.

Staff: LeAnn

Spring Wildflower Walk

What: Woodland wildflowers put on a brief, but beautiful show on the forest floor. Join us for a naturalist-led stroll to see who is starting each week and learn why these flowers are called ephemerals.

When: Tuesday, April 16th from 6:00pm-8:15pm

Where: Meet and pick up at the Wood County Board of DD, Entrance A, Wood Lane School, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Comfortable walking shoes and a bottle of water! Dress appropriately for the weather!

Staff: Angie

DYNO Rock Climbing

What: Come spend the day testing your strength and learning how to rock climb at DYNO climbing gym in Detroit. We will

spend the morning at the gym learning how to top rope rock climb with some of the gym's amazing staff, then we will have lunch there at the gym before heading home.

When: Tuesday, April 16th from 8:30am to 1:15pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: \$22 for entrance and a packed lunch

Please wear clothes that are comfortable to move around in. Harnesses and Shoes will be provided. **Be aware that rock climbing is difficult and does come with some risk. Waivers will need to be filled out before the event**

Staff: Claire

Greenhouse Group

What: Enjoy the relaxing atmosphere and rewarding work at the greenhouse. You will be assisting in weeding, watering, and maintaining the gardens located at the WCBDD Greenhouse.

When: Wednesday April 17th from 3:30-4:30 pm

Where: Meet and pick up at the Green House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Past Entrance B

Bring: Wear weather appropriate clothing that you can get dirty. You will be weeding for at least 20 minutes. Bring a bottle of water.

Staff: LeAnn

Fishing

What: Who likes to fish? The board pond is open for fishing starting in April. We provide the poles and the bait. You just need to bring the desire to reel in a big one. All fishing is catch and release.

When: Wednesday April 17th and 24th from 4:00-5:00pm

Where: Meet and pick up at the Wood County Board of DD, Shelter House, 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Ken

Coping: My Best Life!

What: We will create a small vision board filled with ideas on how to live life to the fullest. Identify what you are grateful for and creating goals for the future.

When: Wednesday, April 17th from 4:00-5:00pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Free Event!

Staff: Josie

Monthly Mindfulness

What: Give yourself permission to get away to reconnect and relax with this monthly series. Join naturalist and meditation teacher Emma Taylor for a monthly nature-based mindfulness session at a local Wood County Park. Classes will consist of a combination of seated and walking mindfulness practices and nature awareness activities. This class is appropriate for teens and adults.

When: Thursady, April 18th from 6:30pm-9:00pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Dress appropriately for the weather. Wear comfortable walking tennis shoes and bring water.

Staff: Angie

Toledo Botanical Garden Walk and Picnic

What: Enjoy an afternoon walk and picnic in the garden. Toledo Botanical Garden is a botanical garden in Toledo, Ohio, owned and managed by Metroparks Toledo. Originally comprising 20 acres donated by George P. Crosby to the City of Toledo, the garden now encompasses 60 acres.

When: Friday, April 19th from 11:30am-2:00pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Please bring a packed lunch, water bottle, and wear comfortable shoes to explore in.

Staff: Josie

Greenhouse Group

What: Enjoy the relaxing atmosphere and rewarding work at the greenhouse. You will be assisting in weeding, watering, and maintaining the gardens located at the WCBDD Greenhouse.

When: Friday April 19th from 3:00-4:00 pm

Where: Meet and pick up at the Green House, Wood County Board of DD, 1921 E. Gypsy Lane Rd., Bowling Green. Past Entrance B

Bring: Wear weather appropriate clothing that you can get dirty. You will be weeding for at least 20 minutes. Bring a bottle of water.

Staff: LeAnn

Open Gym Volleyball

What: Bump, set, spike! Enjoy the company of your friends and maybe even get a pick up game started at open gym volleyball. We will have two courts set up.

When: Friday April 19th from 5:30-7:30 pm

Where: Meet and pick up at the Bowling Green Community Center, Dolores Black Gymnasium, 1245 W Newton Rd, Bowling Green.

Bring: Wear gym clothing, tennis shoes and bring a bottle of water.

Staff: LeAnn

Saturday Morning Swim Workout

What: Start your Saturday off right with swim in the Nichols Therapy Pool! Learn the benefits of aquatic exercise is a low-impact activity that takes the pressure off the bones, joints and muscles. Water also offers natural resistance, which can help strengthen the muscles. Aquatic exercise can have many health benefits, such as improved heart health, reduced stress, and improved muscular endurance and strength.

When: Saturday, April 20th from 10:00-11:00am

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: A swimsuit, towel, and bag for wet clothes.

Staff: Josie

Note Card Workout

What: Using colored note cards you will try a different workout each time. You can also adapt it for how much time you have by limiting the number of rounds or cards you draw. The cards will be a mix of upper body, lower body and cardio workouts. The options are endless.

When: Saturday, April 20th from 12:00-12:45pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Please bring a water bottle and wear comfortable shoes.

Staff: Josie

Venturing Crew Meeting

What: Venturing is a program in which both men and women help to plan and participate in exciting outdoor activities. Attend a meeting to find out what venturing is all about. We will participate in an egg drop team building challenge which includes teams of between 3 and 5 members, we will make a structure from limited materials, which will prevent a raw egg from breaking when it is dropped by another member of the crew from a height of 10ft.

When: Saturday, April 20th from 2:00-3:15pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Josie

Clean Eating Snack Education

What: learn the education behind clean-eating snacks. Clean eating snacks should be made from healthy whole foods like fruits, vegetables and healthy fats. While you can find clean packaged snack foods, you'll learn how to read the ingredient list to make sure it's short and simple.

When: Sunday, April 21st from 11:00-11:45am

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Free Event!

Staff: Josie

Healthy Finger Foods

What: Learn how to make pickle and ham rolls, buffalo chicken celery sticks, microwave pepperoni chips are fast and easy snacks that also make an easy lunch on the go.

When: Sunday, April 21st from 12:30-1:30pm

Where: Meet and pick up at the Wood County Board of DD, Entrance A, Wood Lane School, 1921 E. GypsyLane Rd., Bowling Green

Staff: Josie

Mindful Journaling

What: Mindful journaling is the practice of bringing one's full attention and awareness to the present moment through writing and reflection. It involves paying attention to thoughts, feelings, and sensations in a non-judgmental way and using the journal as a tool for self-exploration and self-discovery.

When: Sunday, April 21st from 2:00-2:45pm

Where: Meet and pick up at the Wood County Board of DD, Entrance A, Wood Lane School, 1921 E. GypsyLane Rd., Bowling Green

Staff: Josie

Magnet Fishing

What: Become a magneteteer in this fun hobby of Magnet Fishing. Magnet fishing can recover metal debris such as discarded bicycles, safes, coins, and car tire rims from bodies of water, but many who engage in the hobby are hoping to find rare and valuable items as well. We will be using a powerful magnet to drag the water in search of treasure.

When: Monday April 22nd from 1:00-4:00 pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Wear weather appropriate clothing and bring a bottle of water.

Staff: LeAnn

Walk at 577 Foundation

What: Enjoy a spring walk at The 577. The 577 is a nonprofit community arts and nature center situated on the former estate of our founder, Virginia Secor Stranahan. Open to all, 577 builds a creative, caring community through curiosity and lifelong learning. This enduring passion extends to all facets of 577— from ecological balance and environmental sustainability, to broadening minds, stimulating imagination and expanding horizons.

When: Monday April 22nd from 10:00-12:00 pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Wear weather appropriate clothing, tennis shoes and bring a bottle of water.

Staff: LeAnn

Cooking Class: Turkey and Sweet Potato

What: This easy one-pan dinner recipe is perfect for when you're short on time, but looking for a dinner idea that's satisfying. In 35 minutes, it combines ground turkey and sweet potato cubes with black beans, spinach, and salsa, creating a simple but hearty meal. Top with cilantro, sour cream, and avocado, and enjoy!

When: Tuesday April 23rd from 4:00-5:00pm

Where: Meet and pick up at the Wood County Board of DD, Entrance A, Wood Lane School, 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Josie

Spring Wildflower Walk

What: Woodland wildflowers put on a brief, but beautiful show on the forest floor. Join us for a naturalist-led stroll to see who is starting each week and learn why these flowers are called ephemerals.

When: Tuesday, April 23rd from 6:00pm-8:15pm

Where: Meet and pick up at the Wood County Board of DD, Entrance A, Wood Lane School, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Comfortable walking shoes and a bottle of water! Dress appropriately for the weather!

Staff: Angie

Coping: Tiny Gallery of Gratitude

What: What is gratitude? Gratitude is one of many positive emotions. It's about focusing on what's good in our lives and being thankful for the things we have. We will create a gallery of everything we are grateful for.

When: Wednesday, April 24th from 4:00-5:00pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Free Event!

Staff: Josie

Morning Walk at Wintergarden

What: Enjoy a spring morning walk at Wintergarden Park. See the spring blooms and look for the animals that live there.

When: Wednesday April 24th from 9:00-10:30 am

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Wear weather appropriate clothing, tennis shoes and bring a bottle of water.

Staff: LeAnn

Pre Dance Hair and Make Up

What: Get prepared for the Spring Dance with help doing your hair and make up. Staff will be able to help you straighten or curl your hair for the event. We will also be able to help you apply make up if you want to be extra fancy.

When: Friday April 26th from 3:30-4:30 pm

Where: Meet and pick up at the Bowling Green Community Center, Dolores Black Gymnasium, 1245 W Newton Rd, Bowling Green.

Bring: Please make sure that you have clean hair. If you are planning on getting assistance with make up, please make sure that your face is clean.

We will meet in the gym and prepare for the dance in the locker room.

Staff: LeAnn

Spring Dance

What: Dance your cares away and sing with friends! DJ Ken Campbell will be playing your favorite tunes and there will be a photo booth for you to capture your memories.

When: Friday, April 26th from 5:30-7:30pm

Where: Meet and pick up at the Bowling Green Community Center, Dolores Black Gymnasium, 1245 W Newton Rd, Bowling Green.

Bring: Bottled water. Free activity!

You can dress up in your favorite Spring attire or you can come casual. Please do not arrive more than 15 minutes prior to the start of the event.

Staff: Ken & LeAnn

Learn How to Plan an Outing

What: Here in the recreation department, we love offering activities to those we serve! Our ultimate goal, however, is advocating for and teaching independence within our community! Come and have an open discussion about things you would enjoy doing independently in the community and make a plan for how to accomplish those goals! At the end of this class, we will attempt a group activity in the community which participants will do independently!

When: Saturday, April 27th from 1:00pm-2:00pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Angie

BGSU Softball Game

What: Come see the BGSU Falcons play Northern Illinois.

When: Saturday April 27th from 12:30-3:30pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Free activity!

Staff: Ken

Jurassic Quest

What: Head to the Glass City Center in Toledo to see Jurassic Quest. There's no better place to make pter-iffic memories playing with adorable baby Dinos, excavating fossils, or even training a raptor while surrounded by behemoths like sky-scraping Spinosaurus and, the King himself, Tyrannosaurus rex! Jurassic Quest is the world's largest, most popular Dino event with unique and exciting experiences for the whole family. Observe our herd of life size dinosaurs including Apatosaurus, Spinosaurus, and an INCREDIBLE T.rex!

When: Saturday April 27th from 4:30-7:30pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: \$22.00 for admission and extra money for any additional purchases.

Staff: Ken

Cooking Class

What: Come to the Wood County Board of DD and learn how to cook an easy meal that you could do at home! This week we will be preparing Grilled Cheese Kabobs and Crispy Ranch Chicken Bites! This entire meal will be prepared in the air fryer!

When: Saturday, April 27th from 5:00-6:15pm

Where: Meet and pick up at the Wood County Board of DD, Entrance A, Wood Lane School, 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Angie

Funigans

What: Come with us as we travel up to Funigans to play Laser tag, Roller skate, and climb the Sky Maze.

When: Sunday April 28th from 1:00-7:30pm

Where: Meet and pick up at Wood Lane School, Nichols Therapy Pool Entrance, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: \$22.00 for entrance and additional money for snacks and arcade games.

Staff: Ken

Nutrition Jeopardy

What: Nutrition Jeopardy is a game approach to teaching nutrition. It is hoped that the game will increase nutrition knowledge about nutritional values, healthy eating, and fun facts about exercise!

When: Monday, April 29th from 5:00-5:45pm

Where: Meet and pick up at the Wood County Board of DD, Entrance B, Service & Support Bldg., 1921 E. Gypsy Lane Rd., Bowling Green

Staff: Josie

Spring Wildflower Walk

What: Woodland wildflowers put on a brief, but beautiful show on the forest floor. Join us for a naturalist-led stroll to see who is starting each week and learn why these flowers are called ephemerals.

When: Tuesday, April 30th from 6:00pm-8:15pm

Where: Meet and pick up at the Wood County Board of DD, Entrance A, Wood Lane School, 1921 E. Gypsy Lane Rd., Bowling Green

Bring: Comfortable walking shoes and a bottle of water! Dress appropriately for the weather!

Staff: Angie